



## Jugendgruppe J5 mit Craig Miller

Donnerstag 18:00 – 20:00 Uhr

Trainingswoche: Woche 11	Trainingswoche: Woche 12	Trainingswoche: Woche 13	Trainingswoche: Woche 14
Station: <b><u>Flugbahn</u></b> Take off king (Mittel Eisen)	Station: <b><u>Routine</u></b> Every shot counts (Driver, Eisen, Pitch)	Station: <b><u>Routine</u></b> Every shot counts (Driver, Eisen, Pitch)	Station: <b><u>Golf Platz</u></b>
Station: <b><u>Short irons</u></b> Bullseye(10 targets, how can you hit)	Station: <b><u>Routine</u></b> Every shot counts (Driver, Eisen, Pitch)	Station: <b><u>Routine</u></b> Every shot counts (Driver, Eisen, Pitch)	Station: <b><u>Golf Platz</u></b>
Station: C-Trainer <b><u>Chipping</u></b> 22 or Bust	Station: C-Trainer <b><u>Putting</u></b> 5 Foot King	Station: C-Trainer <b><u>Putting</u></b> 5 Foot King	Station: C-Trainer <b><u>Golf Platz</u></b>
Station: C-Trainer <b><u>Pitching</u></b> Leap Frog 50m-70m	Station: C-Trainer <b><u>Putting</u></b> Big Foot Putting	Station: C-Trainer <b><u>Putting</u></b> Big Foot Putting	Station: C-Trainer <b><u>Golf Platz</u></b>

Woche 15: TPI Test week 3